

# ABP Southampton 10k

## ABP Southampton 10k Category Results : Male

### Male Top 3

Overall Pos	No	Name	Time	Categ	Gen Pos	Club
1	1163	James HUGHES	<u>00:36:47</u>	MTop 3	1	SPITFIRES/ EALING SOUTHALL AND MIC
2	143	William BRYAN	<u>00:36:51</u>	MTop 3	2	
3	1771	Dan SLAYFORD	<u>00:36:57</u>	MTop 3	3	FLYERS SOUTHEND

### Male V40

Overall Pos	No	Name	Time	Categ	Gen Pos	Club
6	2096	Steven HAYES-ARTER	<u>00:37:39</u>	MV40	6	

### Male V50

Overall Pos	No	Name	Time	Categ	Gen Pos	Club
4	1320	David BLACKMAN	<u>00:37:18</u>	MV50	4	SOUTHAMPTON AC

### Male V60

Overall Pos	No	Name	Time	Categ	Gen Pos	Club
38	1442	Keith SHEPPARD	<u>00:43:22</u>	MV60	38	HEDGE END RUNNING CLUB

### Male V70

Overall Pos	No	Name	Time	Categ	Gen Pos	Club
178	2009	Michael GRIGG	<u>00:51:47</u>	MV70	178	VICTORY AC